

Essential Eligibility Criteria for Horseback Riding at Rainbow Trout Ranch

The following are the physical and mental eligibility criteria for any individual who wishes to participate in horseback riding at Rainbow Trout Ranch.

1. Ability to independently and safely mount and dismount a horse four to ten times per ride.
2. Ability to remain seated and balanced while astride a walking, loping, or galloping horse.
3. Total weight of no greater than 240lbs.
4. Ability to independently navigate and maintain your balance on rugged terrain while walking with a horse on lead.
5. Ability to perceive and follow both verbal and non-verbal instructions given by wranglers in all situations, including during stressful or dangerous situations, and to effectively communicate with wranglers and other guests.
6. If taking prescription medications, have the ability to maintain proper dosage by medicating independently, or with the assistance of a friend or family member.
7. Ability to remain adequately fed, hydrated, and properly dressed so as to avoid environmental injuries such as hypothermia, heat related illness, sunburn and frostbite.

The above criteria, if not met, will disqualify a person from participating in horseback activities with Rainbow Trout Guest Ranch. The criteria exist for your own safety, and that of all trip participants, wranglers, and the horses. None of the criteria are meant to discriminate on the basis of any physical or mental disability, and are applied uniformly to all potential trip participants, irrespective of the presence or absence of any disability. Rainbow Trout Guest Ranch is committed to making reasonable modifications to any trip for any persons with a disability, so long as they do not fundamentally alter the nature of the activity.

Further Information About Our Expectations of Riders

The following paragraphs are meant to further inform all of our guests of the expectations they should have regarding horseback riding at the ranch and in the adjoining forest.

We endeavor to minimize the risks associated with horseback riding, but there are certain inherent risks that we cannot eliminate, or in some cases, mitigate. Horseback riding is a beautiful adventure, and therefore also an activity that has some risk. Horses are large and ultimately unpredictable animals, which are capable of seriously injuring or in extreme cases, killing a person. It is critical that all of our guests understand this reality, and that everyone take an active role in their own safety. You will likely encounter conditions that you are unfamiliar with, and those conditions may change rapidly. It is very important to pay attention at all times, to be aware of your surroundings, and to avoid taking unnecessary risks. Even a non-life threatening injury in a wilderness setting can become a major emergency for you, and can endanger the entire group. Using common sense, and following both the explicit instruction and the lead of your wranglers can go a long way towards keeping yourself and the group safe.